

# SOUTH EUGENE FOOTBALL

## Trust Integrity Commitment

### Players

	Practice/Games	School	Outside World
TRUST	<ul style="list-style-type: none"><li>-Trust coaches and their decision making</li><li>-Trust teammates</li></ul>	<ul style="list-style-type: none"><li>-Trust teachers</li></ul>	<ul style="list-style-type: none"><li>-Trust yourself and your abilities</li></ul>
INTEGRITY	<ul style="list-style-type: none"><li>-Do what is right both in private and in public</li></ul>	<ul style="list-style-type: none"><li>-Do what is right both in private and in public</li><li>-Practice empathy</li></ul>	<ul style="list-style-type: none"><li>-Do what is right both in private and in public</li><li>-Practice empathy</li></ul>
COMMITMENT	<ul style="list-style-type: none"><li>-Sacrifice</li><li>-Give full effort</li><li>-Welcome discipline</li></ul>	<ul style="list-style-type: none"><li>-Sacrifice</li><li>-Follow through</li></ul>	<ul style="list-style-type: none"><li>-Sacrifice</li><li>-Follow through</li><li>-Believe in yourself</li></ul>

# South Eugene Football

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### Parents/Guardian

**Practice/Games      School**

<b>TRUST</b>	<ul style="list-style-type: none"> <li>-Trust coaches and their decision making</li> <li>-Trust the process</li> </ul>	<ul style="list-style-type: none"> <li>-Trust teachers</li> <li>-Trust the system</li> <li>-Trust other students/parents</li> </ul>
<b>INTEGRITY</b>	<ul style="list-style-type: none"> <li>-Be a positive parent</li> <li>-Welcome challenges for your player</li> <li>-Communicate with coaches</li> </ul>	<ul style="list-style-type: none"> <li>-Give positive support</li> <li>-Support other parents/players if possible</li> <li>-Welcome challenges for your player</li> </ul>
<b>COMMITMENT</b>	<ul style="list-style-type: none"> <li>-Sacrifice family time</li> <li>-Help your player be on time</li> <li>-Participate in booster club</li> <li>-Listen to coaches</li> <li>-Welcome discipline</li> </ul>	<ul style="list-style-type: none"> <li>-Help your player be on time</li> <li>-Help your player work towards good grades</li> <li>-Contact counselor and teachers when necessary</li> </ul>

# SOUTH EUGENE FOOTBALL

## Trust Integrity Commitment

### Coaches

#### Practice/Games

#### School

<b>TRUST</b>	<ul style="list-style-type: none"><li>-Trust fellow coaches</li><li>-Trust the process</li></ul>	<ul style="list-style-type: none"><li>-Trust teachers</li><li>-Trust the system</li></ul>
<b>INTEGRITY</b>	<ul style="list-style-type: none"><li>-Do what is right</li><li>-Teach to all levels</li><li>-Be supportive of other coaches</li><li>-Welcome challenges</li></ul>	<ul style="list-style-type: none"><li>-Do what is right</li><li>-Keep trying</li><li>-Support other coaches</li><li>-Stand up for the underdog</li><li>-Welcome Challenges</li></ul>
<b>COMMITMENT</b>	<ul style="list-style-type: none"><li>-Sacrifice</li><li>-Be on time</li><li>-Give full effort</li><li>-Listen to players</li><li>-Welcome discipline</li></ul>	<ul style="list-style-type: none"><li>-Sacrifice</li><li>-Be on time</li><li>-Support students working towards good grades</li><li>-Follow through</li></ul>